



Washington State Patrol

STATE FIRE MARSHAL'S OFFICE

Serving Washington Since 1901

For Immediate Release

Captain Deion Glover
Government and Media Relations

State Fire Marshal's Office
State Fire Marshal Chad Cross

Date: April 28, 2025

Contact: Deputy State Fire Marshal Courtney Chambers

Phone: (360) 596-3904

Email: fpbpio@wsp.wa.gov

X: @WaFireMarshal

Preventing Burns

Olympia – A burn or scald injury can happen at any age, but children, older adults, and people with disabilities are at higher risk. Burn injuries can result from more than just fire- they can also be caused by hot liquids, steam, electricity, and certain chemicals.

According to the National Fire Protection Association (NFPA), scald burns are the second leading cause of all burn injuries, and the most common amongst young children ages four and under. A scald is a burn from close contact with hot liquid or steam, which can be especially prevalent with young children because they like to explore and may not realize these things can hurt them.

To help prevent scalds or burns, the State Fire Marshal's Office asks that you follow these simple tips:

- Teach children that hot things can burn.
- Install anti-scald devices on tub faucets and shower heads and supervise young children during use.
- Faucet water should be less than 100°F.
- Place hot liquids and food in the center of a table or toward the back of the counter.
- Have a "kid-free zone" of at least three feet around the stove and areas where hot food or drink is prepared.
- Allow microwaved food to cool before eating, and open microwaved food slowly, away from the face.
- Never hold a child while cooking, drinking a hot liquid, or carrying anything hot.
- Never heat a baby bottle in a microwave oven. Heat baby bottles in warm water from the faucet or a tested bottle warmer.
- If you need to use a humidifier or vaporizer, use a cool-mist model rather than a hot-steam option.

For more information, contact the State Fire Marshal's Office at (360) 596-3904.

###

The State Fire Marshal's Office is a Bureau of the Washington State Patrol, providing fire and life safety services to the citizens of Washington State including inspections of state licensed facilities, plan review of school construction projects, licensing of fire sprinkler contractors and pyrotechnic operators, training Washington States firefighters, and collecting emergency response data.

www.wsp.wa.gov