

D7 Communications team attends horse course

By BRITTANY KRAJCAR
D7 COMMUNICATIONS STATION MANAGER

STANWOOD, Wash. – The Washington State Patrol (WSP) Marysville Communications leadership team attended a veteran woman-owned leadership course in Stanwood called Spirit2Spirit on Aug. 13. The equestrian-based leadership training adapted leadership dynamics from horse herds and applied them to the workplace.

While most leadership training focuses on how a leader functions in a hierarchy, this training focused on the interactions and conduct between peer leaders, using horses as an exemplary model. The curriculum introduced 4 different leadership roles and how each role is pivotal to moving the organization in the right direction and at the right pace. It provided a fresh perspective on leadership.

The Communications Officers immediately applied concepts to a practical exercise. The challenge was to move an unrestrained horse through an obstacle course. The horse only moved if the leader at the front was focused on the goal, the leaders at the sides made space or closed gaps, and the leader behind provided motivation. With each attempt, they learned and improved. Proprioception, teamwork, and communication led to their success!

Sonia Jorgensen, the founder of Spirit2Spirit, also runs a non-profit organization called "Hooves and Heroes" in the same facility. They provide therapeutic equestrian experiences geared toward mental health and development of emotional resilience in the after-effects of traumatic experiences. The best part - it's free of charge to military veterans and first responders. If you are interested in attending, volunteering, or to learn more you can [visit here](#).



Celebrating 50 years of the Seattle Seahawks

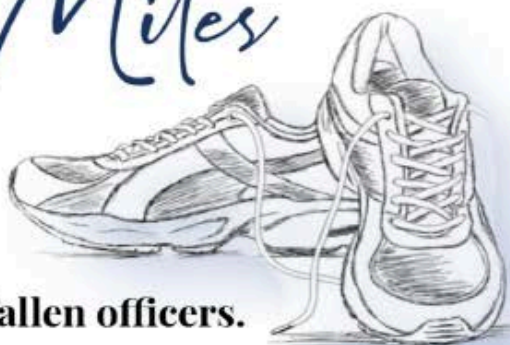
OLYMPIA, Wash. – Washington State Patrol (WSP) employees attended the celebration of the 50th Anniversary of The Seattle Seahawks organization, who visited Olympia at noon Wednesday. Cornerback Marcus Trufant was in attendance to sign autographs, along with Blitz the Seahawk and the Seahawks Dancers.

WSP Budget and Fiscal Services employees Sarah Conover and Ben Tolwyc - along with his twins Astrid and Ripley were among the attendees of the event.



THE WSP MEMORIAL FOUNDATION INVITES YOU TO ATTEND OUR
3rd Annual

Memorial Miles



Run, walk, or ride to honor our 33 fallen officers.

WSP Academy / 631 W Dayton Airport Rd, Shelton

BEGINS

Noon

Saturday, September 27th

ENDS

Noon

Sunday, September 28th

Free to attend. Bikes, kids & dogs are welcome.

PLEASE REGISTER ONLINE SO WE KNOW HOW MANY TO EXPECT.



Sponsorship opportunities are available!

FOR MORE INFORMATION – CONTACT MEGAN AT
WSPMEMORIALFOUNDATION@GMAIL.COM

Register online at auctria.events/memoriamiles

A group of 15 police officers, likely from the Seattle Police Department, are posing for a group photo on a concrete pier. They are dressed in tactical uniforms, including dark blue shirts, pants, and vests, with some wearing helmets and sunglasses. Behind them, a white patrol boat with "Patrol" written on its side is docked. The background features a body of water, a forested hillside with houses, and the Seattle skyline under a cloudy sky.

FAIR TIME: Clark County Fairgrounds

By JAMIE SATALICH
DISTRICT 5

Thanks to everyone who helped make this year's fair presence a success—we're already looking forward to next year!

